wk 1	Monday	1-2	3-5	Tuesday	1-2	3-5	Wednesday	1-2	3-5	Thursday	1-2	3-5	Friday	1-2	3-5
AM Snack															
fluid	milk		1/2 c			1/2 c		4	1/2 c.		4 '	1/2 c			1/2 c
grain	raisin bran	1/2 c.	1/2c.	crispix	1/2 c.	1/2c.	oat O's	1/2 c.	1/2c.	Corn Flakes	1/2 c.	1/2c.	Rice Crispies	3/4 c.	3/4 c
Breakfast		_			_			_			_				
							turkey bacon, veg								
grain	assorted crackers	4	4	Croissant	1/2	1/2	sausage patty	1	1	whl grn english muff	1/2	1/2	mini WG bagel	1/2	1/2
fruit	mandarine orange	1/2 c.	1/2c	pineapple tidbits	1/2 c.	1/2 c.	grape quarters	1/2 c.	1/2 c.	strawberries	1/2 c.	1/2c.	apple slice	1/2 c.	1/2 c.
fluid	milk	4 oz	6oz	milk	4 oz	6oz	milk	4 oz	6oz	milk	4 oz	6oz	milk	4 oz	6oz
other				butter pc's			cheese stick (few)	1		buttor pole			cream cheese pc's		
]		butter pc s]		cheese stick (lew)	I ₁		butter pc's	l		cream cheese pc s	1	
Lunch				Breakfast for									Grilled Cheese		
	Meatball Sub			Lunch			BBQ shred beef			Sandwich Wrap			Sandwich		
	IVICALDAII JUD	1		Lunch	1		DDQ silled beel	Ī		turkey (deli sliced)with	ī		Januwich	ī	
meat	Meatballs	2	3	Sausage patty	1/4	1/2	bbq shred beef	1 oz	1.5 oz		1oz	1.5 oz	grilled cheese	1/2	1
								İ			İ			1	
							veggie crumble (made			veggie and cheese					
meat alt.	Tofu	1/2c.	1/2 c	Black Bean patty	1/4	1/2	from garden burger)	1 oz	1.5 oz	hummus wrap	1 oz	1.5 oz	white bean soup	1/2c.	1/2c.
Vasatabla		4 (0		Hash Drawn	4 (2		anima ah aa la d		4 /2	aura at matata atialia	4 (0		Ctdis-ad-std		
Vegetable	peas	1/8c	1/4c.	Hash Brown	1/2	1	spinach salad	1/4c	1/2c	sweet potato sticks	+		Carrots diced steamed	+ '	
fruit / veg	cantalope	1 '	1/4c.	banana	1	1	peaches diced	1/8c	1/4c	honeydew	† '	1/4c.	pears diced	1/8c	1/4c
grain	WG hot dog bun	1/2	1/2	WG pancake	1	2	WG biscuit	1/2	1/2	flour tortilla	1/2	1/2	WG bread	1	
fluid	milk	4 oz	6oz	milk	4 oz	6oz	milk	4 oz	6oz	milk	4 oz	6oz	milk	4 oz	6oz
DNA Connell				syrup			BBQ pc's								
PM Snack		1			1			ī			ī			1	
	zucchini bread	_												. , .	
grain	muffin	1	1	peeled cucumbers	1/2 c.	1/2 c.				peaches	1/2c	1/2c	naan bread	1/4 c.	1/3 c.
fruit															
other				ranch			graham cracker	1,	1				classic hummus	1 tbs	1 tbs
fluid	milk	4 02	6oz	milk	4 0 =	6oz	milk	4 oz	6oz	milk	4	6oz	milk	+ ***	6oz
nulu	IIIIK	4 oz	002	IIIIK	4 oz	002	HIIIK	14 02			4 oz	002	ШК	4 oz	002
	Water is always availble and offered throughout the day.						Vou		1	Milk 1 year olds: whole, ur	sflav.	rad			
	water is always ava	ierea uiroughout t	ne day	y .	Key: WG= Whole Grain			,							
							wg= wnoie Grain			2-5 year olds: 1%, unt	iavor	ed			